



Doughnutting Session



Gosling Sports Park
Ski Centre
Stanborough Road
Welwyn Garden City
AL8 6XE



You will need to wear gloves, trousers and sleeves
We have gloves for you to borrow



Rings are provided



To book online on our Activity Calendar
www.hertsdisabilitysportsfoundation.com/bookings-1

You must book a place on this session in advance



For information call Ros on 01462 600193



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